



SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024

ENTRY FORM

TENNIS TOURNAMENT

PHOTO

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder along with participation fee for each category:-

S.No.	Category	Entry Fee Per Person	Please Tick
1	Junior Boys UNDER 18 SINGLES *	200/- (including GST)	
2	Junior Boys UNDER 18 DOUBLES * <small>Name of Partner</small>	200/- +200/-(including GST)	
3	Junior Girls under 18 Single*	200/- (including GST)	
4	Junior Girls under 18 Double* <small>Name of Partner</small>	200/- +200/-(including GST)	
5	Open Singles *	200/- (including GST)	
6	Open Doubles * <small>Name of Partner</small>	200/- +200/- (including GST)	
7	Singles (35 - & Above)	200/-(including GST)	
8	Double (.....do.....) <small>Name of Partner</small>	200/- +200/-(including GST)	
9	Singles (45 - & Above)	200/-(including GST)	
10	Double (.....do.....) <small>Name of Partner</small>	200/- +200/-(including GST)	
11	Singles (55 & above)	200/-(including GST)	
12	Double (.....do.....) <small>Name of Partner</small>	200/- +200/-(including GST)	
13	Singles (65 & above)	200/-(including GST)	
14	Double (.....do.....) <small>Name of Partner</small>	200/- +200/-(including GST)	
15	Single (70 & above) *	200/- (including GST)	
16	Double (70 & above) * <small>Name of Partner</small>	200/- +200/-(including GST)	

Rules & Regulations :

1. A Player can participate in MAXIMUM TWO categories only.
2. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
3. Walkover will be granted automatically if players are not present at the time of match.
4. Birth Certificate must be submitted with the entry form all under 18 age category. Adhar Card must be submitted with the entry form all age category above 35+
5. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
6. Each Round match shall be best of 15 games, Quarter Final-Best of 17 games, Semi-Finals of 19 games and Final-Best of 3 Sets.
7. Morning session Timing "7AM to 11AM, Evening Session Timing: 4PM to 9 Pm. A player may have to play matches in both the session on the same day.
8. A match in the evening session may start in natural light and finish under light (if required) No concessions/ requests for rescheduling shall be entertained.
9. In case of any disputes the decision of Tournament Committee shall be final and binding
10. For future Inter Club matches, ranking of players shall be based on performance in this tournament.
11. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.
12. In Sports Week Tournament only Club Members and their families can participate.

- Note:-
1. For Age Group under 19 category a member must be below in age as on **02.11.2024**.
 2. For age proof a member must have completed ,35,45, & 55 years respectively on **02.11.2024**.

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



PHOTO

SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

TABLE TENNIS TOURNAMENT

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees Per Person	Please Tick
1	Boys Single upto 19 Yrs	200/- (including GST)	
2	Men's / Women's Open	200/- (including GST)	
3	Men's /Women's 40 Year & Above	200/- (including GST)	
	Men's /Women's Double 1. Name of Partner 2. Name of Partner	200/- + 200/- (including GST)	
4	Men's Single /Double	200/- including GST)	

Rules & Regulations :

1. A Player can participate in MAXIMUM TWO categories only.
2. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
3. Walkover will be granted automatically if players are not present at the time of match.
4. Birth Certificate must be submitted with the entry form all under 15 & 19 age category. Adhar Card must be submitted with the entry form all age category above 35+
5. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
6. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
7. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.
8. In Sports Week Tournament only Club Members and their families can participate.

- Note:-
1. For age proof a member must have completed 15, & 19 years respectively on **02.11.2024**.
 2. For age proof a member must have completed 40 years in above category on **02.11.2024**.
 3. For future Inter Club Matches priority will be given to Ranking Players based on this Tournament.

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)

SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

SQUASH TOURNAMENT

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees	Please Tick
1	Boys /Girls Under 13*	200/- (including GST)	
2	Boys / Girls Under 15*	200/- (including GST)	
3	Boys / Girls Under 17*	200/- (including GST)	
4	Boys / Girls Under 19*	200/- (including GST)	
5	Men's 35 Years & Above	200/- (including GST)	
6	Men's 40 Years & Above	200/- (including GST)	
7	Men's 45 Years & Above	200/- (including GST)	
8	Men's 50 Years & Above	200/- (including GST)	
9	Men's 55 Years & Above	200/- (including GST)	
10	Men's Open	200/- (including GST)	
11	Women's Open	200/- (including GST)	

Rules & Regulations :

1. A Player can participate in MAXIMUM TWO categories only.
2. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
3. Walkover will be granted automatically if players are not present at the time of match.
4. Birth Certificate must be submitted with the entry form all under 19 age category. Adhar Card must be submitted with the entry form all age category above 35+
5. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
6. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
7. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.
8. If no of entries / Participant is less in all category of under 19 age then players of these category will be automatically transfer to the next higher category

- Note:-
1. For age proof a member must have completed 13,17,19,35, 45, 50 & 55 years respectively on 02.11.2024.
 2. For future Inter Club Matches priority will be given to Ranking Players based on this Tournament.

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



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SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

SNOOKER / BILLIARDS TOURNAMENT

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees Per Person	Please Tick
1	Billiard Open	200/- (including GST)	
2	Snooker Open	200/- (including GST)	
3	Snooker Double Open 1. Name of Partner 2. Name of Partner	200/- (including GST)	

Rules & Regulations :

1. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
2. Walkover will be granted automatically if players are not present at the time of match.
3. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
4. Tournament under any category shall be held only if there are minimum 6 entries for such category
5. Billiard Open, Snooker Open & Snooker Doubles (Members and Children are allowed)
6. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



UMED CLUB
Since 1922

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SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

BADMINTON TOURNAMENT

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees Per Person	Please Tick
1	Boys Under 15 Singles *	200/- (including GST)	
2	Boys Under 15 Double * <small>Name of Partner _____</small>	200/- (including GST)	
3	Boy / Girls under 19*	200/-+ 200/- (including GST)	
4	Boys Under 19 Double * <small>Name of Partner _____</small>	200/- (including GST)	
5	Men's Open / Women Open (Single)	200/-(including GST)	
6	Men's Open / Women Open (Double) <small>Name of Partner _____</small>	200/-+ 200/-(including GST)	
7	Above 35 Men's Single / Women Single	200/-(including GST)	
8	Above 35 Men's Double /Women's Double <small>Name of Partner _____</small>	200/-+ 200/- (including GST)	
9	Men's Above 45 Single	200/-(including GST)	
10	Men's Above 45 Doubles <small>Name of Partner _____</small>	200/-+ 200/-(including GST)	
11	Men's Above 50 Single	200/-(including GST)	
12	Men's Above 50 Doubles <small>Name of Partner _____</small>	200/-+ 200/-(including GST)	
13	Mixed Double	200/-+ 200/-(including GST)	
14	Men's Above 60 Single	200/-(including GST)	
15	Men's Above 60 Doubles	200/-(including GST)	

Rules & Regulations :

1. **A Player can participate in all eligible categories in which he / she is eligible.**
2. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
3. Walkover will be granted automatically if players are not present at the time of match.
4. Birth Certificate must be submitted with the entry form all under 19 age category. Adhar Card must be submitted with the entry form all age category above 35+
5. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
6. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
7. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.
8. If no of entries / Participant is less in all category of under 19 age then players of these category will be automatically transfer to the next higher category

- Note:-
1. For Age Group under 19 category a member must be below in age as on 02.11.2024
 2. For age proof a member must have completed 35,45 & 50 years in above category on 02.11.2024.
 3. For future Inter Club Matches priority will be given to Ranking Players based on this Tournament.

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



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SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

CARROM TOURNAMENT

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees Per Person	Please Tick
1	Boys Single under 18 Yrs	200/-(including GST)	
2	Men's Open Single	200/-(including GST)	
3	Girls Single under 18 Yrs	200/-(including GST)	
4	Women Open Single	200/-(including GST)	
5	Mix. Double - Double <small>Name of Partner</small>	200/- + 200/-(including GST)	

Rules & Regulations :

1. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
2. Walkover will be granted automatically if players are not present at the time of match.
3. Birth Certificate must be submitted with the entry form all under 19 age category. Adhar Card must be submitted with the entry form all age category above 35+
4. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
5. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
6. Entry Form will not be accepted of the member having any type of club dues up to 31.03.2024.
7. No Guest will be allowed for participate

- Note:-
1. **For age proof a member must have completed 18 years respectively on 02.11.2024.**
 2. **For future Inter Club Matches priority will be given to Ranking Players based on this Tournament.**

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



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SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

CHESS TOURNAMENT

Knock Out System

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

S.No.	Category	Entry Fees Per Person	Please Tick
1	Boys under 14 Yrs	200/-(including GST)	
2	Boys under 19 Yrs	200/-(including GST)	
3	Men's Open	200/-(including GST)	
4	Girls under 14 Yrs	200/-(including GST)	
5	Girls under 19 Yrs	200/-(including GST)	
6	Women Open	200/-(including GST)	

Rules & Regulations :

1. Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
2. Walkover will be granted automatically if players are not present at the time of match.
3. Birth Certificate must be submitted with the entry form all under 19 age category. Adhar Card must be submitted with the entry form all age category above 35+
4. Decision of Tournament Committee regarding any dispute arising shall be final and binding.
5. Tournament under any category shall be held only if there are minimum 6 entries for such category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
6. System of Play - The latest FIDE rules in force shall apply and the Knock Out system will be followed
7. Time Control: **60 Minutes**.
8. Entry form will not be accepted of the member having any type of club dues us to 31.03.2024

- Note:-
1. **For age proof a member must have completed 18 years respectively on 02.11.2024.**
 2. **For All Member matches will be knock out basis.**

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

FOR OFFICE USE

C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



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SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

GYMNASIUM FITNESS CHALLENGE

1. Name (In Capital Letters) _____
2. Membership No. _____
3. Date of Birth / Age _____ Age _____
4. Telephone No's _____

I, hereby submit my entry for participation in categories tick marked hereunder alongwith participation fee for each category:-

A. POWER LIFTING

S.No.	Male	Please Tick	Entry Fees Per Person	Female	Please Tick	Entry Fees Per Person
1.	Below 60		200/- (including GST)	Below 55		200/- (including GST)
2.	60 Kg to 70 Kg		200/- (including GST)	55 Kg to 65 Kg		200/- (including GST)
3.	70 Kg to 80 Kg		200/- (including GST)	65 Kg and above		200/- (including GST)
4.	80 Kg to 90 Kg		200/- (including GST)			
5.	90 Kg and above		200/- (including GST)			

B. FITNESS CHALLENGE

S.No.	Male	Please Tick	Entry Fees Per Person	Female	Please Tick	Entry Fees Per Person
1.	Below 35 Yrs		200/- (including GST)	Below 30 Yrs		200/- (including GST)
2.	Above 35 Yrs		200/- (including GST)	Above 30 Yrs		200/- (including GST)
3.	Above 45 Yrs		200/- (including GST)	Above 45 Yrs		200/- (including GST)
4.	Above 55 Yrs		200/- (including GST)			

Rules & Regulations :

- Last date for submitting the entry will be the **2ND NOVEMBER, 2024**. Entry forms are available at the Club reception and can be deposited there along with the fees.
- Walkover will be granted automatically if players are not present at the time of match.
- Adhar Card must be submitted with the entry form for all age category below & above 30,35 & 45 Yrs.
- Fitness Challenge under any category shall be held only if there are a min of 6 entries in the category. If due to any reason entries are less than 6 it will be merged in lower / higher category.
- Morning Session Timings "7AM to 11AM, Evening Timing : 5PM to 8 PM
- In case any dispute the decision of Gymnasium Fitness Committee shall be final and binding.
- Entry form will not be accepted of the member having any type of club dues us to 31.03.2024
- In sports Week Tournament only Club Members and their families can take participate.

Note:- 1. For Age Group Below & Above 30,35, & 45 category a member must be below & above in age as on 02.11.2024

*** MEMBERS SON'S & DAUGHTER'S BELOW THE AGE OF 25 YEARS ONLY.**

I, agree to abide by the rules and regulations and the decision of Tournament Committee.

(Signature of the Participants)

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C.R. No. _____ Dated : _____ Amount Rs. _____

(Signature of Receiving Person)



SPORTS FESTIVAL 3RD NOVEMBER TO 8TH NOVEMBER, 2024
ENTRY FORM

GYMNASIUM FITNESS CHALLENGE

ACTIVITIES FOR GYMNASIUM FITNESS

CHALLENGE COMMON FOR MALE / FEMALE (MINIMUM THREE CHACE PER EXERCISE)

A. POWER LIFTING

1. DEAD LIFT
2. SQUATS
3. BENCHPRESS
4. DUMBBELL SHOUDER PRESS

B. FITNESS CHALLENGE

MALE	FEMALE
PUSH UPS (1 Minute)	PUSH UPS (1 Minute)
PLANK	PLANK
SQUATS (1 Minute)	SQUATS (1 Minute)
HANGING LEG RAISE (1 Minute)	HANGING LEG RAISE (1 Minute)
CRUNCHES (1 Minute)	CRUNCHES (1 Minute)