



UMED CLUB

Since 1922

GUIDELINES FOR SPORTS ACTIVITY DURING COVID-19

Using Aarogya Setu App

Why Aarogya Setu?



Protect yourself
& the community
from COVID-19



Precision tracking
of the spread of
COVID-19



Access curated and
relevant advisory



Self-assessment test
for infection mitigation



Help and support
at hand

Protect One | Protect All | Protect India

GENERAL ENTRY GUIDELINES

1. ALL VEHICLES BE PARKED OUTSIDE THE CLUB. PARKING OF ANY VEHICLE INSIDE THE CLUB WILL NOT BE PERMITTED.
2. ENTRY IN THE CLUB WILL BE THROUGH WICKET GATE ADJACENT TO THE MAIN ENTRY GATE NO. 1.
3. PLEASE MAINTAIN DISTANCE OF 2 GAJ ALL TIMES.
4. EVERY MEMBER ENTERING WILL UNDERGO THERMAL SCREENING AND IF FOUND OK WOULD PROCEED FURTHER.
5. EVERY MEMBER WILL GET HIS KIT BAGS ETC. THROUGH DISINFECTING PROCEDURE.
6. EVERY MEMBER WILL APPLY HAND SANITIZER BEFORE ENTERING HIS NAME IN THE RELEVANT REGISTER AT THE SECURITY COUNTER.
7. EVERY MEMBER WILL FILL-IN ONE TIME SELF DECLARATION FORM AT SECURITY COUNTER.
8. EVERY MEMBER WILL SHOW HIS CLUB IDENTITY CARD TO THE INCHARGE AT SECURITY COUNTER.



GENERAL ENTRY GUIDELINES

9. MEMBERS ARE REQUIRED TO ABIDE BY ALL THE EXTANT GUIDELINE ISSUED FROM TIME TO TIME BY THE COMPETANT AUTHORITY IN CENTRAL , STATE GOVERNMENT AND DISTRICT ADMINISTRATION.
10. MEMBERS WITH CO-MORBITIES FOR EXAMPLE CARDIAC , BLOOD SUGAR , RENAL ISSUES ARE ADVISED NOT TO MOVE OUT AS PER EXTENT GUIDELINES OF COMPETANT AUTHORITIES.
11. MEMBERS ABOVE THE AGE OF 65 YEARS ARE ADVISED NOT TO MOVE OUT EXCEPT AS PERMITTED UNDER THE EXTANT GUIDLINES.
12. MEMBERS WHO HAVE BEEN TESTED POSITIVE WILL NOT BE PERMITTED.
13. WEARING OF FACE COVER IS COMPULSORY.
14. SOCIAL DISTANCING AS PRESCRIBED SHALL BE STRICTLY FOLLOWED.
15. MEMBERS ARE RECOMMENDED TO INSTALL AAROGYA SETU APP ON THEIR MOBILE PHONES.
16. RECHARGE POINT IS AT SECURITY COUNTER.

GENERAL GUIDELINES

APPLICABLE FOR ALL SPORTS AND SERVICE ACTIVITIES.

1. AIR CONDITIONER TEMPERATURE WOULD BE MAINTAINED BETWEEN 24-30 DEGREES.
2. MEMBERS ARE REQUESTED TO AVOID HANDSHAKES, HUGS AND NOT TO TOUCH THEIR FACE WITHOUT HAND SANTIZATION OR HAND WASH.
3. PACKING TAKE AWAY WILL BE AVAILABLE FROM 12:00PM TO 08:00PM
4. TIMING FOR LAST ORDER WILL BE 07:30PM.
5. ONLY 3 MEMBERS ARE ALLOWED ON SINGLE TABLE AT CARD ROOM.



CLUB SPORTS ACTIVITY TIMING DURING COVID 19



BADMINTON / LAWN TENNIS / SQUASH COURT / BILLIARDS / TABLE TENNIS
:
06:00 AM TO 10:30 AM
04:00 PM TO 08:00 PM

CARD ROOM : **02:00 PM-04:00PM (1st SESSION)**
04:00PM-06:00PM (2nd SESSION)
06:00PM-08:00PM (3rd SESSION)

NOTE: INDIVIDUALS ARE REQUESTED TO BRING THEIR OWN MASK AND POCKET SANITIZER.



UMED CLUB

Since 1937

कोरोना को
हराने के लिए हम
प्रतिबद्ध हैं